

**Motivation Hypnosis:
Turner Techniques of Age Regression –
Identifying & Releasing the Causal Imprint Workshop©- Level 2**

Friday, June 7, 2019

FRIDAY			
START - END	TOTAL TIME		FACULTY
9:00 – 9:30 AM		REGISTRATION	
9:30 – 9:45 AM		Intro to Workshop & Faculty & Schedule	Maureen, Casey & Nick for all 3 Levels
9:45 – 10:00 AM	15 min.	Does Age Regression Therapy make a difference physically & emotionally? Case examples.	
10:00 – 10:30 AM	30 min.	Review Elman-Turner – instruct option of deeper (water or within) if prefer not to “fly.” Review “pulling up anchors”, instruct on “sliding anchors” -up and down intensity (1-10) for 100% emerging. Renew ASCH effect as applies to Fetus & Infant -hypno-whispering and imaging. Introduce Part Left Behind. Dyad #1 Preparation: Age Regression History Form, 3 Measurable suggestions (level 2) E-T induction- Level 5 to Positive Anchor Utilize “Slide Technique” to “Emerge just as wish - 100% aware.”	Casey
10:30 – 10:45 PM		BREAK	
10:45 – 12:45 AM	120 min.	Triad #1 Experience (See instructions above)	Casey
12:45 – 1:00 PM	15 min.	Group: Discuss Triads Experience	
1:00 – 2:00 PM		LUNCH 1-2 PM	
2:00 – 2:15 PM	15 min.	Update New Rescue Mission Protocol & the part that was left behind! “Where has it been?”	Casey
2:15 – 2:30 PM	15 min.	Prep. for Missing Part & ADHD – S.W. video	
2:30 – 3:00 PM	30 min.	Viewing S.W. interview	
3:00 – 3:15 PM	15 min.	Discussion of Video	
3:15 – 3:45 PM	30 min.	Triad # 2 Prep. Focus: Affect Bridge for Retrieving a missing part & anchoring it for self-soothing & nurturing and “re-associating the part experience.”	Casey
3:45 – 4:00 PM		BREAK	
4:00 – 6:00 PM	120 min.	Triad #2 Experience	Casey
6:00 – 6:15 PM	15 min.	Discussion - #2 Triad Experience	
6:15 PM	7 Hours	End of Day	
<p style="text-align: center;">Learning Objectives – Participants will be able to: LO1 Discuss and demonstrate 2 new advanced applications of age regression. LO2 Analyze and formulate discussion of at least 2 case presentations utilizing age regression techniques.</p>			

**Motivation Hypnosis:
Turner Techniques of Age Regression –
Identifying & Releasing the Causal Imprint Workshop©- Level 2
Saturday, June 8, 2019**

SATURDAY			
START - END	TOTAL TIME		FACULTY
9:00 – 9:30 AM	30 min.	Demonstration of retrieving a “lost part”	Casey
9:30 – 10:15 AM	45 min.	Demonstration Discussion	
10:15 – 10:30 AM	BREAK		
10:30 – 11:30 AM	60 min.	Review of Ideomotor signaling COMPASS and Dabney Ewin, MD Initial Interview for Somatic Illness with accompanying slides.	Casey
11:30 – 12:00 PM	30 min.	Self- assessment utilizing Dr. Ewin’s initial interview questions	
12:00 – 12:15 PM	15 min.	Discuss questions and use	
12:15 – 1:15 PM	LUNCH - on own (local options)		
1:15 – 1:30 PM	15 min.	Instruction - Triad # 3: Address Somatic Ideomotor Signaling protocol using COMPASS	Casey
1:30 – 3:15 PM	105 min.	Triad #3 - Utilizing COMPASS protocol Experience	
3:15 – 3:30 PM	15 min.	Discuss Triad Experience in Group	
3:30 – 3:45 PM	BREAK		
3:45 – 4:15PM	30 min.	Why ADHD & Age Regression Hypnosis? Utilizing research on ADHD & Comorbids: Addictions, Anxiety Depression, OCD, ODD, PTSD/ Medication Update	Casey & Nick Participants include 1, Level 2 students
4:15 – 5:00 PM	45 min.	Age Regression video (S.W.) by Maureen & Discussion	
5:00 – 5:15PM	15 min.	Turner's List of ADHD clinical hypnosis techniques & applications to DSM-5 Diagnosis© Instructions to own self-assessments & scoring	
5:15 – 6:00 PM	45 min.	Self-Assessments & Scoring	
6:00 – 6:15 PM	15 min.	Group discussion	
6:15 PM	7 hrs. 45min.	End of Day	
Learning Objectives - the participants will be able to: LO3 Define 3 research projects applying hypnosis techniques to ADHD and comorbid diagnoses			
6:30 PM	Wine/ Beer/ Cheese at Motivation Hypnosis Suite, Boardman Hall, Champlain College		

**Motivation Hypnosis:
Turner Techniques of Age Regression –
Identifying & Releasing the Causal Imprint Workshop©- Level 2**

Sunday, June 9, 2019

SUNDAY			
START - END	TOTAL TIME		FACULTY
8:15 – 9:00 AM	45 min.	Demos of Techniques (Control room, Magic Helmet, Meeting room, Magic Sieve for: Anxiety, Phobias and Depression) Case Presentation/Discussion	Casey Goldman
9:00 – 10:00 AM	45 min.	Demo & Discuss Turner's List of Clinical Hypnosis Techniques & Applications to Addictions, OCD, ODD and PTSD / Case Discussion	Casey Goldman
10:00 – 10:15 AM	15 min.	Prepare for Triad # 4 – Techniques for Resistance Utilizing at least 2 new techniques	
10:15 – 10:30 AM	BREAK		
10:30 – 12 Noon	90 min.	Triad #4 – Resistance Techniques: Control room, Magic Helmet, Meeting Room, Magic Sieve	Casey Goldman
12:00 – 12:15 PM	15 min.	Group discussion of Triad #4 Experience	
12:15 – 1:15 PM	LUNCH ON OWN (local options)		
1:15 – 1:45 PM	30 min.	Hypnosis Applications to Physical Assessments, Chronic Pain/Swelling reduction utilizing Somatic Clinical Hypnosis Techniques: Discomfort Dial, Shrink & Explore, Magic Sieve demonstration	Casey Goldman
1:45 – 3:15 PM	90 min.	Triad # 5 Hypnosis applied to physical problems as focused on with COMPASS Ideomotor Signaling – now utilize other Somatic Changing Hypnosis Techniques	Casey Goldman
3:15 – 3:30 PM	15 min.	Triad #5 Discussion	
3:30 – 3:45 PM	BREAK		
3:45 – 4:45 PM	60 min.	Turner's Demo of Self-Concept Improvement techniques: Worthiness, deservedness, dignity, integrity and self-compassion Teaching client/patient to be own best detective to recognize triggers and be own best coach/boss – Group Participation	All Levels Conference Room Boardman Hall Maureen, Casey & Nick
4:45 PM		Evaluations & Certificates	
5:00 PM	7 Hours	Workshop Ends	
<p>Learning Objectives – At the conclusion of this workshop, the participants will be able to: LO4 Demonstrate and apply all 7 Ideomotor Signaling COMPASS assessments to psychosomatic issues</p>			
Total Hours:	21 Hr. 45 min.		