

**Motivation Hypnosis:
AGE REGRESSION WORKSHOP© - Level 3
Friday, September 14, 2018**

| FRIDAY | | | |
|---|-------------------|--|---|
| START - END | TOTAL TIME | | FACULTY |
| 9:00 – 9:30 AM | | REGISTRATION | @Farmhouse Maureen, Casey & Nick for all 3 Levels |
| 9:30 – 9:45 AM | | Intro to Workshop & Faculty & Schedule | |
| 9:45 – 10:00 AM | 15 min. | Does Age Regression Therapy make a difference physically & emotionally? Case examples. | |
| 10:00 – 10:30 AM | 30 min. | Review Elman-Turner – instruct option of deeper (water or within) if prefer not to “fly.” Review "pulling up anchors", instruct on “sliding anchors -up and down intensity (1-10) for 100% emerging. ASCH effect as applies to Fetus & Infant - hypno-whispering and imaging. Review/introduce Part(s) Left Behind Dyad #1 Prep: First – establish personal Priority Dyad Issues and Goals to Explore (5 Dyad Experiences) Then: Age Regression History Form, E-T Induction- Level 5 to Positive Anchor and utilize “Sliding Technique” to “Emerge just as wish - 100% aware” | Maureen & Casey |
| 10:30 – 10:45 PM | | BREAK (Go to Tree House) | |
| 10:45 – 12:45 AM | 120 min. | Dyad #1 Experience-according to Personal Priority Issues, emerge with Sliding Technique | Maureen Turner |
| 12:45 – 1:00 PM | 15 min. | Group: Discuss Dyads Experience | |
| 1:00 – 2:00 PM | | LUNCH 1-2 PM | |
| 2:00 – 2:15 PM | 15 min. | Update/ cases on New Rescue Mission Protocol & “the part that was left behind!” | Maureen Turner |
| 2:15 – 3:15 PM | 60 min. | Addictions/ADHD/Hypnosis & Age Regression Applications: Sugar, Portion control, Nicotine, Alcohol, Marijuana, Worry and Procrastination | |
| | | | |
| 3:15 – 3:45 PM | 30 min. | Dyad # 2 Prep. Focus: Affect Bridge for Retrieving a missing part & anchoring it for self-soothing & nurturing – Addiction focus or Personal Agenda + 3 Measurable suggestions | Maureen |
| 3:45 – 4:00 PM | | BREAK | |
| 4:00 – 6:00 PM | 120 min. | Dyad #2 Experience | Maureen |
| 6:00 – 6:15 PM | 15 min. | Discussion - #2 Dyad Experience | |
| 6:15 PM | 7 Hours | End of Day | |
| <p>Learning Objectives - the participants will be able to: LO1. Construct and discuss 2 advanced applications to the Elman-Turner anchored states techniques for emerging. LO2 Discuss and apply 2 intervention techniques to pre-birth, pre-trauma and other parts left behind.</p> | | | |

**Motivation Hypnosis:
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Saturday, September 15, 2018**

| SATURDAY | | | |
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| START - END | TOTAL TIME | | FACULTY |
| 9:00 – 9:45 AM | 45 min. | Demonstration of retrieving a “lost part” – Fishbowl Demo w/Volunteer as client | @Tree House Maureen Turner |
| 9:45 – 10:15 AM | 30 min. | Demonstration Discussion | |
| 10:15 – 10:30 AM | BREAK | | |
| 10:30 – 11:00 AM | 30 min. | Review of Ideomotor signaling COMPASS and Dabney Ewin, MD Review Initial Interview for Somatic Illness and include Fetus and Infant Signals/ Instruction for Dyad #3 Address Somatic Ideomotor Signaling protocol using COMPASS – include seeking infant and/or fetus rescue | @Tree House Maureen Turner |
| 11:30 – 12:00 PM | 60 min. | Therapist volunteer demonstrate with Maureen as client | |
| 12:00 – 12:15 PM | 15 min. | Discuss Demonstration, Q & A | |
| 12:15 – 1:15 PM | LUNCH - on own (local options) | | |
| 1:15 – 3:15 PM | 2 hrs. | Dyad #3 -Utilizing COMPASS protocol Experience | @Tree House Maureen Turner |
| 3:15 – 3:30 PM | 15 min. | Discuss Dyad Experience in Group | |
| 3:30 – 3:45 PM | BREAK <i>For those Level 3 registrants who have not had ADHD class - please attend at the Farmhouse with Level 2 group All others stay at Tree House</i> | | |
| 3:45 - 4:15 PM | 30 Min. | Why ADHD & Age Regression Hypnosis? Utilizing research on ADHD & Comrbids: Addiction, Anxiety, Depression, OCD, ODD, PTSD/Medication Update | @Farmhouse Maureen & Casey Participants include all Level 1, Level 2 & 3 students <i>Option for registrants who have had this component: Dyad Experience of Choice @ Tree House with Nick</i> |
| 4:15 – 5:00 PM | 45 Min. | Age Regression video (S.W.) by Maureen & discussion | |
| 5:00 – 5:15 PM | 15 Min. | Turner’s List of ADHD clinical hypnosis techniques & applications to DSM-5 Diagnosis ©Instructions to own self-assessment & scoring | |
| 5:15 – 6:00 PM | 45 Min. | Self - Assessments & Self-Scoring | |
| 6:00 – 6:15 PM | 15 Min. | Group Discussion | |
| 6:15 PM | 7 hrs. 45 min. | Saturday Workshop Ends | |
| Learning Objectives – Participants will be able to: LO3 Identify 2 new ADHD applications and discuss 1 research presentation of age regression applied to ADHD and comorbids | | | |
| 6:30 PM | Wine/ Beer/ Cheese & Potluck Dinner Reception at Turner Barn House (Side dishes welcome) | | |

**Motivation Hypnosis:
AGE REGRESSION WORKSHOP©- Level 3
Sunday, September 16, 2018**

| SUNDAY | | | |
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| START - END | TOTAL TIME | | FACULTY |
| 8:30 – 9:00 AM | 30 min. | Video Interview of Experienced Hypnotherapist – ADHD & Age Regression & Case Discussion | @Tree House Maureen Turner |
| 9:00 – 10:15 AM | 75 min. | Age Regression & Complex Trauma and Dissociation – Maureen’s Case Presentations Case Consultation sign-up for Clinician of Level 3 for 1:45 PM session | Maureen |
| 10:15 – 10:30 AM | BREAK | | |
| 10:30 – 12:00 PM | 90 min. | Advanced Hypnosis Applications to: Physical Assessments, Emergency and Chronic Pain/Swelling reduction utilizing Somatic Clinical Hypnosis Techniques: Discomfort Dial, Shrink & Explore, Magic Sieve demonstration (review) and adding Chakra and Rainbow Techniques | Maureen |
| 12:00 – 12:15 | | Prepare for Dyad #4 Hypnosis applied to physical problems or trauma Check with Maureen for strategy on problem(s) first | |
| 12:15 – 1:15 PM | LUNCH ON OWN (local options) | | |
| 1:15 – 2:45 PM | 90 min | Dyad # 4 Hypnosis applied to physical problems - utilize at least 2 Somatic Changing Hypnosis Techniques or focus on complex trauma experience | Maureen |
| 2:45 – 3:00 PM | 15 min. | Dyad #4 Discussion | |
| 3:00 – 3:30 PM | 30 min. | Level 3 Clinicians Case Consultation with Maureen Turner | |
| 3:30 – 3:45 PM | BREAK | | |
| 3:45 – 4:45 PM | 60 min. | Turner’s Demo of Self-Concept Improvement techniques: Worthiness, deservedness, dignity, integrity and self-compassion Teaching client/patient to be own best detective to recognize triggers and be own best coach/boss in managing behavior – Group Participation | All 3 Levels @Farmhouse Maureen, Casey & Nick |
| 4:45 PM | | Evaluations & Certificates | |
| 5:00 PM | 6 hrs. 45 min | Workshop Ends | |
| Total Hrs.: | 21.5 hrs. | Learning Objectives – At the conclusion of this workshop, the participants will be able to: LO4 Define and demonstrate at least 2 hypnosis techniques applied to chronic pain reduction and emergency situations. | |