

**Motivation Hypnosis:**  
**AGE REGRESSION WORKSHOP©- Level 2 \***  
**Friday, September 14, 2018**  
*\*formerly called Intermediate or Advanced*

<b>FRIDAY</b>			
<b>START - END</b>	<b>TOTAL TIME</b>		<b>FACULTY</b>
9:00 – 9:30 AM		<b>REGISTRATION</b>	<b>@Farmhouse</b> Maureen, Casey & Nick for all 3 Levels
9:30 – 9:45 AM		<b>Intro to Workshop &amp; Faculty &amp; Schedule</b>	
9:45 – 10:00 AM	15 min.	<b>Does Age Regression Therapy make a difference physically &amp; emotionally? Case examples.</b>	
10:00 – 10:30 AM	30 min.	<b>Review Elman-Turner</b> – instruct option of deeper (water or within) if prefer not to “fly.” Review "pulling up anchors", instruct on “sliding anchors” -up and down intensity ( 1-10) for 100% emerging. Renew ASCH effect as applies to Fetus & Infant -hypno-whispering and imaging. Introduce Part Left Behind. <b>Dyad #1 Preparation:</b> Age Regression History Form, 3 Measurable suggestions (level 2) <b>E-T induction- Level 5 to Positive Anchor</b> Utilize “Slide Technique” to “Emerge just as wish - 100% aware.”	<b>Casey Goldman &amp; Maureen</b> Level 2 & 3
10:30 – 10:45 PM		<b>BREAK</b>	
10:45 – 12:45 AM	120 min.	<b>Dyad #1 Experience</b> (See instructions above)	<b>Casey &amp; Helen</b>
12:45 – 1:00 PM	15 min.	<b>Group: Discuss Dyads Experience</b>	
1:00 – 2:00 PM		<b>LUNCH 1-2 PM</b>	
2:00 – 2:15 PM	15 min.	<b>Update New Rescue Mission Protocol &amp; the part that was left behind! “Where has it been?”</b>	<b>Casey</b>
2:15 – 2:30 PM	15 min.	<b>Prep. for Missing Part &amp; ADHD – S.W. video</b>	
2:30 – 3:00 PM	30 min.	<b>Viewing S.W. interview</b>	
3:00 – 3:15 PM	15 min.	<b>Discussion of Video</b>	
3:15 – 3:45 PM	30 min.	<b>Dyad # 2 Prep. Focus: Affect Bridge for Retrieving a missing part &amp; anchoring it for self-soothing &amp; nurturing and “re-associating the part experience.”</b>	<b>Casey</b>
3:45 – 4:00 PM		<b>BREAK</b>	<b>Casey &amp; Helen</b>
4:00 – 6:00 PM	120 min.	<b>Dyad #2 Experience</b>	
6:00 – 6:15 PM	15 min.	<b>Discussion - #2 Dyad Experience</b>	
6:15 PM	7 Hours	<b>End of Day</b>	
<p><b>Learning Objectives – Participants will be able to:</b>  <b>LO1 Discuss and demonstrate 2 new advanced applications of age regression.</b>  <b>LO2 Analyze and formulate discussion of at least 2 case presentations utilizing age regression techniques.</b></p>			

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**Saturday, September 15, 2018**  
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<b>SATURDAY</b>			
<b>START - END</b>	<b>TOTAL TIME</b>		<b>FACULTY</b>
9:00 – 9:30 AM	30 min.	Demonstration of retrieving a “lost part”	Maureen Turner <u>@Tree House</u> Level 2 & 3
9:30 – 10:15 AM	45 min.	Demonstration Discussion	
10:15 – 10:30 AM	<b>BREAK</b>		
10:30 – 11:30 AM	60 min.	Review of Ideomotor signaling COMPASS and Dabney Ewin, MD Initial Interview for Somatic Illness with accompanying slides.	Casey <u>@Farm House</u>
11:30 – 12:00 PM	30 min.	Self- assessment utilizing Dr. Ewin’s initial interview questions	
12:00 – 12:15 PM	15 min.	Discuss questions and use	
12:15 – 1:15 PM	<b>LUNCH - on own (local options)</b>		
1:15 – 1:30 PM	15 min.	Instruction - Dyad # 3: Address Somatic Ideomotor Signaling protocol using COMPASS	Casey & Helen
1:30 – 3:15 PM	105 min.	Dyad #3 - Utilizing COMPASS protocol Experience	
3:15 – 3:30 PM	15 min.	Discuss Dyad Experience in Group	
3:30 – 3:45 PM	<b>BREAK</b>		
3:45 – 4:15PM	30 min.	<b>Why ADHD &amp; Age Regression Hypnosis?</b> Utilizing research on ADHD & Comorbids: Addictions, Anxiety Depression, OCD, ODD, PTSD/ Medication Update	@Farmhouse <b>Maureen &amp; Casey</b> Participants include all Level 1, Level 2 & 3 students  <i>All who have not had this component taught by Maureen - Dyad Experience at Tree House with Nick</i>
4:15 – 5:00 PM	45 min.	Age Regression video (S.W.) by Maureen & Discussion	
5:00 – 5:15PM	15 min.	Turner's List of ADHD clinical hypnosis techniques & applications to DSM-5 Diagnosis© Instructions to own self-assessments & scoring	
5:15 – 6:00 PM	45 min.	Self-Assessments & Scoring	
6:00 – 6:15 PM	15 min.	Group discussion	
6:15 PM	7 hrs. 45min.	<b>End of Day</b>	
<b>Learning Objectives - the participants will be able to:</b> LO3 Define 3 research projects applying hypnosis techniques to ADHD and comorbid diagnoses			
6:30 PM	Wine/ Beer/ Cheese & Potluck Dinner Reception at Turner Barn House (Side dishes welcome)		

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AGE REGRESSION WORKSHOP©- Level 2 \*  
Sunday, September 16, 2018  
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<b>SUNDAY</b>			
<b>START - END</b>	<b>TOTAL TIME</b>		<b>FACULTY</b>
8:30 – 9:00 AM	45 min.	<b>Demos of Techniques</b> (Control room, Magic Helmet, Meeting room, Magic Sieve for: Anxiety, Phobias and Depression) <b>Case Presentation/Discussion</b>	<b>Casey Goldman</b>
9:00 – 10:00 AM	45 min.	<b>Demo &amp; Discuss Turner's List of Clinical Hypnosis Techniques &amp; Applications to Addictions, OCD, ODD and PTSD / Case Discussion</b>	<b>Casey Goldman</b>
10:00 – 10:15 AM	15 min.	<b>Prepare for Dyad # 4 – Techniques for Resistance</b> Utilizing at least 2 new techniques	
10:15 – 10:30 AM	<b>BREAK</b>		
10:30 – 12 Noon	90 min.	<b>Dyad #4 – Resistance Techniques:</b> Control room, Magic Helmet, Meeting Room, Magic Sieve	<b>Casey &amp; Helen</b>
12:00 – 12:15 PM	15 min.	<b>Group discussion of Dyad #4 Experience</b>	
12:15 – 1:15 PM	<b>LUNCH ON OWN (local options)</b>		
1:15 – 1:45 PM	30 min.	<b>Hypnosis Applications to Physical Assessments, Chronic Pain/Swelling reduction utilizing Somatic Clinical Hypnosis Techniques: Discomfort Dial, Shrink &amp; Explore, Magic Sieve demonstration</b>	<b>Casey</b>
1:45 – 3:15 PM	90 min.	<b>Dyad # 5 Hypnosis applied to physical problems as focused on with COMPASS Ideomotor Signaling – now utilize other Somatic Changing Hypnosis Techniques</b>	<b>Casey &amp; Helen</b>
3:15 – 3:30 PM	15 min.	<b>Dyad #5 Discussion</b>	
3:30 – 3:45 PM	<b>BREAK</b>		
3:45 – 4:45 PM	60 min.	<b>Turner's Demo of Self-Concept Improvement techniques:</b> Worthiness, deservedness, dignity, integrity and self-compassion Teaching client/patient to be own best detective to recognize triggers and be own best coach/boss – <b>Group Participation</b>	<b>All Levels @Farmhouse Maureen, Casey &amp; Nick</b>
4:45 PM		<b>Evaluations &amp; Certificat</b>	
5:00 PM	6 hrs.45 min	<b>Workshop Ends</b>	
<p><b>Learning Objectives – At the conclusion of this workshop, the participants will be able to: LO4 Demonstrate and apply all 7 Ideomotor Signaling COMPASS assessments to psychosomatic issues</b></p>			
<b>Total Hours:</b>	<b>21 Hr. 30 min.</b>		