

**Motivation Hypnosis:
AGE REGRESSION WORKSHOP©- Level 1 ***
Friday, September 14, 2018
**Formerly called Basic*

FRIDAY			
START - END	TOTAL TIME	Location: Farmhouse	FACULTY
9:00 – 9:30 AM		REGISTRATION	
9:30 – 9:45 AM		Intro to Workshop & Faculty & Schedule	@Farmhouse Maureen, Casey & Nick for all 3 Levels
9:45 – 10:00 AM	15 min.	Does Age Regression Therapy make a difference - physically and emotionally? Case examples.	
10:00 – 10:30 AM	30 min.	Why Age Regression? Historical Perspective with some new historical information	Nick
10:30 – 10:45 AM		BREAK	
10:45 – 11:30 AM	45 min	Memory/Making beliefs/behavior/6 primary feeling states/5 Levels of fear	Nick
11:30 – 11:45 AM	15 Min.	Age Regression Techniques Overview	
11:45 – 12:15 PM	30 min.	Present Elman -Turner Induction & Anchoring	
12:15 – 1:00 PM	45 min.	Group Experience: Elman -Turner Induction with options	
1:00 – 2:00 PM		LUNCH on own (Local Options)	
2:00 – 2:15 PM	15 min.	Group Demo- Elman -Turner: Pulling 1-4 Anchors, then to Level #5	Nick
2:15 – 3:15 PM	60 min.	Confidentiality, history form & interview history: Pre-Birth, family dynamics, earliest conscious memory & Self-Talk Assessment	
3:15 – 3:45 PM	30 min.	Anchoring & Preparation for Dyad #1	
3:45 – 4:00 PM		BREAK	
4:00 – 6:00 PM	120 min.	Dyad # 1 – Regress to positive experience & anchor, and give 3 measurable suggestions – Emerge 100% aware!	Nick
6:00 – 6:15 PM	15 min.	Discuss Dyad #1 Experience	
6:15PM	7 Hours	End of Day	
<p>Learning Objectives – Participants will be able to: LO1 Discuss theory, applications and demonstrate 2 traditional and 2 novel age regression techniques. LO2 Develop experience in applying at least 2 age regression skills in dyads.</p>			

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Saturday, September 15, 2018
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SATURDAY				
START – END	TOTAL TIME		FACULTY	
9:00 – 10:15 AM	75 min.	Turner’s Rescue Mission – Theory & Psychosomatic – Affect Bridge to Imprinting Event / Pre and Post Trauma Rescue techniques and protocols/ ASCH effect – Including hypno-whisper to most traumatized and/or fetus & infants & rescue of positive mind states – left behind/ abreaction prevention/ intervention techniques including ASCH effect	Nick & Casey @ Farmhouse	
10:15 – 10:30 AM	BREAK			
10:30 – 11:30 AM	60 min.	Video of Rescue Mission – K.B /J.P. and checking Rescue Protocol Process List	NICK	
11:30 – 12:00 PM	30 min.	Discuss Video of Rescue Mission & Protocols and add Choice of “Slide” Technique to Emerge		
12:00 – 12:15 PM	15 min.	Prepare for Dyad #2 – Level 5 & regress to Minor trauma plus using Emerging Slide Technique		
12:15 – 1:15 PM	LUNCH – On Your Own (Local Delivery & Café options)			
1:15 – 3:15 PM	120 min.	Dyad # 2 – Induction to Level 5 and regress to anxiety/minor trauma Treat with hypnosis & emerge with positive mind state – use Slide to measure 0-10 and utilize “Slide up and down to most comfortable emerging level-100% alert!”	Nick	
3:15 – 3:30 PM	15 min.	Discuss Experience		
3:30 – 3:45 PM	BREAK			
3:45 – 4:15 PM	30 min.	Why ADHD & Age Regression? Utilizing Clinical Hypnosis research on ADHD Comorbids: Addiction, Anxiety, Depression, OCD, ODD, and PTSD /medication update	@Farmhouse Maureen & Casey Participants include all Level 1, Level 2 & 3 students <i>Option for registrants who have had this component: Dyad Experience of Choice @ Tree House with Nick</i>	
4:15 – 5:00 PM	45 min.	Case (S.W.) Video – Age Regression by Maureen & Discussion		
5:00 – 5:15 PM	15 min.	Turner’s List of ADHD hypnosis techniques & applications to DSM-5 Diagnoses© Instruction to own self-assessments & scoring		
5:15-6:00 PM	45 min.	Self-Assessments and Scoring		
6:00 – 6:15 PM	15 min.	Group discussion		
6:15 PM	7 hrs. 45 min.	Saturday Workshop ends		
Learning Objectives:		Participants will be able to: LO3 Assess for ADHD and apply 2 novel age regression techniques to ADHD signs & symptoms		
6:30 PM	Wine/Cheese & Potluck Dinner Reception at Turner’s Barn House (Side Dishes Welcome!)			

**Motivation Hypnosis:
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Sunday, September 16, 2018
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SUNDAY			
START - END	TOTAL TIME		FACULTY
8:30 – 9:15 AM	45 min.	Video Interview of Hypnotherapist w/ADHD & case discussion	
9:15 – 10:15	60 min.	Habit Theory– Assessing resistance and Building in Accountability Demonstration - Control Room, Meeting Room and Magic Sieve, Magic Helmet, Anchoring Counter and Reward -triggers Dyad #3 Prep – Assessing and treating Resistance	Nick
10:15 - 10:30 AM	BREAK		
10:30 - 12 Noon	90 min.	Dyad # 3 Habit Reduction/Extinction- using a new technique	Nick
12:00 – 12:15 PM	15 min.	Group Dyad #3 Discussion	
12:15 – 1:15 PM	LUNCH		
1:15 – 2:00 PM	45 min.	Clinical hypnosis techniques for the management of trauma/abreactions, dissociation, repressed memories and re-emerging for 100% alertness techniques – cases and demonstrations.	Nick
2:00 – 3:15 PM	75 min.	Dyad #4 – Individual Choice	
3:15 – 3:30 PM	15 min	Dyad # 4 – Discussion	
3:30 – 3:45 PM	BREAK		
3:45 – 4:45 PM	60 min.	Turner’s Demo of Self-Concept Improvement techniques: Worthiness, deservedness, dignity, integrity and self-compassion Teaching client/patient to be own best detective to recognize triggers and be own best coach/boss in managing behavior – Group Participation	All Levels @ Farmhouse Maureen, Casey & Nick
4:45 – 5:00 PM		Evaluations & Certificates	
5:00 PM	6 Hrs. 45 min.	Workshop Ends	
Learning Objectives- At the conclusion of this workshop participants will be able to: LO4 Formulate, explain, and apply age regression applications to appropriate cases.			
Total Hours: 20 hrs. 50 min.			